

Acceptable Use Policy

This Policy explains what users must not do with Chick. It protects the service, other users, and the integrity of AI-assisted health and planning features.

Scope

Last updated: 9 May 2026. This Policy forms part of the Chick Terms of Use.

You must use Chick lawfully, responsibly, and only for intended personal wellness, food understanding, planning, and progress-support purposes.

No unlawful, harmful, or unsafe use

You must not use Chick to break the law, violate another person's rights, harass, abuse, threaten, exploit, discriminate, defame, deceive, or cause harm.

You must not use Chick to support self-harm, eating disorder behaviour, extreme restriction, purging, dangerous dehydration, unsafe supplement use, dangerous exercise, or avoidance of professional care.

You must not use Chick for emergency decisions or urgent medical situations.

No medical or professional misuse

You must not present Chick outputs as medical advice, clinical recommendations, certified nutrition advice, laboratory results, diagnosis, treatment, or professional services.

You must not use Chick to provide services to patients, clients, customers, employees, students, athletes, or other third parties unless you are properly qualified, legally authorised, and take full responsibility for your professional judgement and compliance obligations.

You must not rely on Chick as the sole basis for decisions about medication, treatment, allergies, pregnancy, diabetes, eating disorders, illness, injury, or other high-risk circumstances.

No abuse of AI features

You must not deliberately feed Chick false, misleading, dangerous, unlawful, or abusive content to generate harmful outputs or manipulate the system.

You must not use Chick to generate content that encourages harm, illegal activity, deception, harassment, discrimination, dangerous health practices, or evasion of safeguards.

You must not attempt to extract hidden prompts, system instructions, model settings, internal logic, security controls, or confidential information.

No security, technical, or commercial misuse

You must not interfere with Chick, overload it, scrape it, crawl it at scale, copy its content or outputs for competing services, reverse engineer it, bypass access controls, test vulnerabilities without permission, distribute malware, or attempt unauthorised access.

You must not sell, rent, sublicense, resell, frame, mirror, or commercially exploit Chick without written permission.

You must not create multiple accounts to avoid limits, access paid features without payment, abuse trials, use stolen payment details, or misrepresent your identity.

No infringement or privacy violations

You must not upload content that infringes intellectual property, privacy, confidentiality, data protection, publicity, or other rights.

You must not upload photos, audio, health information, or personal information about other people unless you have a lawful basis and permission where required.

Enforcement

We may remove content, restrict features, throttle usage, suspend accounts, terminate access, report illegal activity, preserve evidence, or take other action where we reasonably believe this Policy has been breached or risk exists.

We may make enforcement decisions using automated and human review. We are not required to give advance notice where doing so would create risk, violate law, compromise security, or harm Chick or others.

Reporting misuse

If you believe Chick is being misused, contact us at support@chick.health or through the Contact page. For security concerns, contact security@chick.health .